

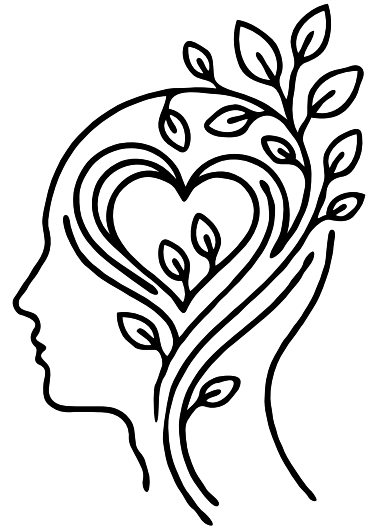


SD 22 Wellness Committee Presents

Dr. Nicole Legg - Live

Gain confidence in having empathetic, supportive mental health conversations—while learning practical strategies to care for yourself and others.

- Free Event For All SD 22 Employees
- Thursday February 19th
- Towne Theatre
- Doors Open at 6:30 pm
- Dr. Legg on stage from 7:00pm - 8:00pm
- Free Popcorn, Drink and Dessert
- Lots of Great Door Prizes!!



**Sign Up Before
February 13th**



Register using the
QR code
or

<https://forms.office.com/r/DzMEGthj64>